



## Respiratory Protection Fit Test

I: OSHA Respiratory Medical Evaluation Questionnaire (attached)

- ❖ I have completed the questionnaire Part A questions 1-9

II: Respiratory Protection Education

- ❖ I have been instructed to wear a protective hood (PAPR) while providing care to any patient diagnosed or suspected of tuberculosis, until I have been fit tested with the specific type of particulate respirator at the facility where I have been assigned.



- ❖ When I am fit tested with the specific type of particulate respirator at the assigned facility, I no longer have to wear a protective hood (PAPR) when providing patient care. I am responsible for sending this documentation of the fit test to the credentialing department after the fit test has been completed.



- ❖ Respiratory face fit testing is performed annually or if I gain or lose 20 pounds or more, experience facial injury/scarring, have a change in dental structure, cosmetic surgery, grow/shave facial hair or change the type of facility specific mask that I was fit tested for.
- ❖ I have been re-educated on the need for TB respiratory protection and understand that if I have a change in any of the above – at any time – I will have to be re-fit tested immediately.
- ❖ I understand that I will be required to wear a protective hood (PAPR) until I can be re-fit tested.

III: Employee Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Respirator Medical Evaluation Questionnaire

## To the employer:

Answers to questions in Section 1, and to question 9 in Section 2 of Part A, do not require a medical examination.

## To the employee:

Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

### Part A. Section 1. (Mandatory)

Every employee who has been selected to use any type of respirator must provide the following information.

**Name:** \_\_\_\_\_ **Title:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Age: \_\_\_\_\_ Sex:  Male  Female Your height: \_\_\_\_\_ ft. \_\_\_\_\_ in. Weight \_\_\_\_\_

A phone number where the health care professional who reviews this questionnaire can reach you:

Phone: \_\_\_\_\_ Best time to phone you at this number: \_\_\_\_\_

Has your employer told you how to contact the health care professional who will review this questionnaire (Check one):

Yes  No

Check the type of respirator you will use (you can check more than one category):

- a. N, R, or P disposable respirator (filter-mask, non- cartridge type only).
- b. Other type (for example, half- or full-face piece type, powered-air purifying, supplied-air, Self-contained breathing apparatus).

Have you worn a respirator (Check one):  Yes  No

If yes what type: \_\_\_\_\_

### Part A. Section 2. (Mandatory)

Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator (please check "yes" or "no").

1. Do you currently smoke tobacco, or have you smoked tobacco in the last month:  Yes  No

2. Have you ever had any of the following conditions?

a) Seizures:  Yes  No

b) Diabetes:  Yes  No

c) Trouble smelling odors:  Yes  No

d) Claustrophobia:  Yes  No

e) Allergic reactions that affect your breathing:  Yes  No

3. Have you ever had any of the following pulmonary or lung problems?

a) Asbestosis:  Yes  No

b) Asthma:  Yes  No

c) Emphysema:  Yes  No

d) Pneumonia:  Yes  No

e) Tuberculosis:  Yes  No

f) Silicosis:  Yes  No

g) Pneumothorax:  Yes  No

h) Lung cancer:  Yes  No

i) Chronic bronchitis:  Yes  No

j) Broken ribs:  Yes  No

k) Any chest injuries or surgeries:

Yes  No

l) Any other lung problem that you've been told about:

Yes  No

**4. Do you currently have any of the following symptoms of pulmonary or lung illness?**

- a) Shortness of breath: Yes No
- b) Shortness of breath when walking fast on level ground or walking up a slight hill or incline: Yes No
- c) Shortness of breath when walking with other people at an ordinary pace on level ground: Yes No
- d) Have to stop for breath when walking at your own pace on level ground: Yes No
- e) Shortness of breath when washing or dressing yourself: Yes No
- f) Shortness of breath that interferes with your job: Yes No
- g) Coughing that produces phlegm (thick sputum): Yes No
- h) Coughing that wakes you early in the morning: Yes No
- i) Coughing that occurs mostly when you are lying down: Yes No
- j) Coughing up blood in the last month: Yes No
- k) Wheezing: Yes No
- l) Wheezing that interferes with your job: Yes No
- m) Chest pain when you breathe deeply Yes No
- n) Any other symptoms that you think may be related to lung problems: Yes No

**5. Have you ever had any of the following cardiovascular or heart problems?**

- a) Heart attack: Yes No
- b) Stroke: Yes No
- c) Angina: Yes No
- d) Heart failure: Yes No
- e) Swelling in your legs or feet (not caused by walking): Yes No
- f) Heart arrhythmia (heart beating irregularly): Yes No
- g) High blood pressure: Yes No
- h) Any other heart problem that you've been told about: Yes No

**Have you ever had any of the following cardiovascular or heart symptoms?**

- i) Frequent pain or tightness in your chest: Yes No
- j) Pain or tightness in your chest during physical activity: Yes No
- k) Pain or tightness in your chest that interferes with your job: Yes No
- l) In the past two years, have you noticed your heart skipping or missing a beat: Yes No
- m) Heartburn or indigestion that is not related to eating: Yes No

**6. Any other symptoms that you think may be related to heart or circulation problems? Yes No**

**7. Do you currently take medication for any of the following problems? Yes No**

- a) Breathing or lung problems: Yes No
- b) Heart trouble: Yes No
- c) Blood pressure: Yes No
- d) Seizures: Yes No

**8. If you've used a respirator, have you ever had any of the following problems?**

(If you've never used a respirator, check the following space and go to question #9)  **Never used**

- a) Eye irritation: Yes No
- b) Skin allergies or rashes: Yes No
- c) Anxiety: Yes No
- d) General weakness or fatigue: Yes No
- e) Any other problem that interferes with your use of a respirator: Yes No

**9. Would you like to talk to the health care professional that will review this questionnaire? Yes No**  
**If Yes, please contact the Employee Health Nurse at your assigned facility**

\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Date